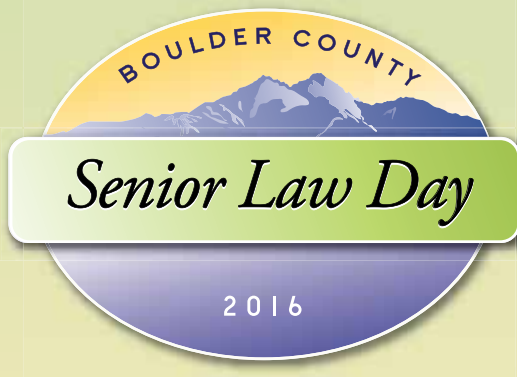


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TODAY'S AGENDA

8:00 – 9:00 am	Event Registration Sponsor Exhibits Open Ask-A-Lawyer Sign-Up
9:00 – 9:45 am	Presentation Session 1
10:00 – 10:45 am	Presentation Session 2
11:00 am – Noon	Lunch & Exhibit Visits
12:00 – 12:45 pm	Presentation Session 3
1:00 – 1:45 pm	Presentation Session 4
2:00 – 2:30 pm	Door Prize Drawing, Turn In Event Surveys And Pick Up Handbooks

SPONSOR EXHIBIT TABLES are located in the Summit Ballroom. Take time to visit with the businesses that generously sponsor our event.

ASK-A-LAWYER conferences run 10:00 am – 2:00 pm (every 15 min), by appointment only. Sign-ups are first come, first served, in Ask-A-Lawyer center in Silverthorne Room.

COLORADO SENIOR LAW HANDBOOKS may be picked up as you leave the event, when you turn in your Event Survey and Ticket Lanyard.

Thank you for completing our Event Survey. Your comments are valued and vital to planning the most beneficial Senior Law Day in the years to come.

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Sandi McCann

HomeCare of the Rockies, Inc.

Sarah Pheral

Law Office of Sarah Pheral, LLC

SESSION 1 — 9:00-9:45

Homesharing For Seniors: A Practical Guide

Presenters: *Stephanie Heacox, Senior Homeshares, Founder and Executive Director*

Susan Spaulding, City of Longmont — Division of Community and Neighborhood Resources, Community Relations Specialist

Time: 9:00-9:45

Location: Shoshoni-Arapahoe

Description: Homesharing can be a wonderful opportunity, matching seniors who have room to spare with seniors who need safe, affordable housing. But how do you know if you're good housemate material? And what options are available to locate potential housemates? How do you meet and vet housemate candidates? Lastly, how do you create a good homeshare agreement, and what are your options if the arrangement doesn't work out?

Stephanie Heacox is the Founder and Executive Director of Senior Homeshares, a Colorado nonprofit. Senior Homeshares provides a free, nationwide online service that matches elders who have more home than they need (empty-nesters, widows/widowers) with elders in search of safe, affordable housing.

Susan Spaulding has worked for the city of Longmont for nine years, providing resources for landlords and tenants, coordinating Longmont Mediation Services, and founded and organizes the monthly Longmont Landlord Training Alliance. She has a law degree from CU, has practiced law in a general practice firm in Broomfield, and clerked for a 20th Judicial District judge. She also mediates in eviction court each Friday and is dedicated to helping landlords and tenants resolve differences without eviction.

Your Five Aging Senses: Impact And Strategies

Presenter: *Jessica O'Leary, MA, CVW, TRU Community Care, Liaison*

Time: 9:00-9:45

Location: Pawnee-Arapahoe

Description: Sound, sight, smell, taste, and touch help us to interpret the world around us and decide how to respond to it. Aging and illness impact our senses' ability to maintain the precision and sharpness we depend on. How do we cope when our senses are affected by age and illness? What can we do for ourselves, or someone we care about, to compensate and ensure safety when the five senses are not as astute to help navigate the world around us?

Jessica O’Leary has over 10 years of experience working in elder care. A professional Gerontologist with a Certification in Validation from the Validation Training Institute, she is a trained art therapist, as well as a speaker on other topics relating to aging. Jessica has worked in nursing homes, assisted living centers, and in memory care and palliative hospice care. She is currently a liaison at TRU Community Care.

Alzheimer’s Disease: Pursuing A Cure At CU Anschutz

Presenter: Timothy Boyd, PhD, *Rocky Mountain Alzheimer’s Disease Center, Faculty Research Associate*

Time: 9:00-9:45

Location: Front Range

Description: The Rocky Mountain Alzheimer’s Disease Center at the University of Colorado Anschutz Medical Campus provides leading-edge care today, while pursuing cures for tomorrow. Timothy Boyd, PhD, will discuss several exciting research projects underway at the Center to identify novel therapies for Alzheimer’s disease. This research aims to find ways to stop disease progression, to reverse damage caused by Alzheimer’s disease, and to prevent the disease altogether.

Dr. Timothy Boyd is the Chief Pre-Clinical Researcher for the Rocky Mountain Alzheimer’s Disease Center at the University of Colorado Anschutz Medical Campus. Working closely with the Center’s director, Dr. Huntington Potter, Dr. Boyd is lead investigator on a number of major research initiatives designed to find more effective treatments for Alzheimer’s disease, as well as increasing understanding of the disease’s underlying causes.

Protecting Your Castle: Dealing With The Dragons Of Estate Planning

Presenter: Bennett Braverman, Esq., *Braverman Law Group, LLC, Partner*

Time: 9:00-9:45

Location: South Fairview

Description: Boulder attorney Bennett Braverman will present an overview of estate planning, including: why you need an estate plan; important things to consider for your plan; how you can reduce or avoid probate and estate administration; and the documents that create a complete package and peace of mind, including medical and financial powers of attorney.

Bennett Braverman is a practicing attorney since 1994, and is currently licensed in both Colorado and Florida. He is a founding member of the Braverman Law Group, where he is able to focus exclusively on estate planning and asset protection. When Bennett isn’t in the office, he can be found with his wife Deirdre, also an estate planning attorney, his Corgi pup or running and hiking around Boulder.

Advance Directives: What’s Behind The Curtain?

Presenter: Peggy Arnold, MA, *Longmont United Hospital, AgeWell Program Coordinator*

Time: 9:00-9:45

Location: North Fairview

Description: Anyone over 18 in Colorado should have Advance Directives, but how many of us have had meaningful conversations with those who would carry out our wishes if we were unable to express them? In this session, we will briefly review the necessary documents, but the focus will be on identifying tools to help us both initiate and continue the conversations with family and friends as our wishes and life circumstances change.

Peggy Arnold, M. A., is program coordinator of Age Well, Longmont United Hospital’s Senior Wellness Program. In addition to wellness programming, she assists people with advance-care planning and end-of-life issues. Peg is a speaker/coach for The Conversation Project and a member of the advisory board. It is her hope that meaningful conversations around death and dying will encourage and enable thoughtful advance-care planning.

SESSION 2 — 10:00-10:45

Advance Directives: What’s Behind The Curtain?

Presenter: Peggy Arnold, MA, *Longmont United Hospital, AgeWell Program Coordinator*

Time: 10:00-10:45

Location: Shoshoni-Apache

Description: Anyone over 18 in Colorado should have Advance Directives, but how many of us have had meaningful conversations with those who would carry out our wishes if we were unable to express them? In this session, we will briefly review the necessary documents, but the focus will be on identifying tools to help us both initiate and continue the conversations with family and friends as our wishes and life circumstances change.

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Downsizing Your Belongings And Documents: Be Proactive & Take Charge!

Presenter: Judith Houlding, *Space Editing,
Professional Organizer & Organizer-Coach*

Time: 10:00-10:45

Location: Pawnee-Arapahoe

Description: Downsizing can bring up jumbled feelings of worry, excitement, anticipation, grief and relief at the prospect of moving to a smaller home. Knowing how to confidently choose the appropriate mix of necessities, memorabilia, artwork and important documents for your downsizing situation can help reduce stress, worry and grief. Handouts and worksheets will be provided.

Judith Houlding is a residential professional organizer coach who works with seniors and clients with anxiety, depression or ADHD. She has Level II Certificates from the Institute for Challenging Disorganization in chronic disorganization, ADHD, and working with seniors. She is trained in coaching techniques that help her organizing clients achieve "A Life That Fits." Judith has helped Boulder county seniors downsize to smaller houses, into independent living at Fraser Meadows, The Carillon and Sunrise At Flatirons.

Your Online Afterlife: Getting Your Digital Ducks In A Row

Presenter: Stephanie Heacox, *Orderly Estates, LLC, Founder and CEO*

Time: 10:00-10:45

Location: Front Range

Description: While many of us have prepared basic estate documents, most have not taken the next step and considered what our executors will actually need when the time comes. There are a raft of important details that can be overlooked. In particular, your "online afterlife" requires advance planning and some important decisions. We will discuss types of information you should gather, decisions you should make, and forms and processes to support them.

Stephanie Heacox is founder and CEO of Orderly Estates, LLC, a Boulder-based estate organization and executor-for-hire service. She assists clients in documenting all relevant aspects of their lives for a future executor, so that their estates can be resolved more smoothly. She can also act as a named replacement or co-executor.

Mental Incapacity: How To Recognize It And What To Do Next

Presenters: Kathryn Kaye, PsyD., *Clinical Psychology and Neuropsychology,
Specializing in Geriatric Assessment and Psychotherapy*

Brandon Fields, Esq., *Elder Law Attorney,
Law Offices of Brandon J. Fields, P.C.*

Time: 10:00-10:45

Location: South Fairview

Description: Dr. Kaye will provide information regarding observational signs of incapacity, when to seek professional assessment, and what is involved in the assessment process. Mr. Fields will then discuss the steps involved in obtaining protection through power of attorney, or legal guardianship and conservatorship.

Kathryn Kaye obtained her doctorate in 1986. She has been a geropsychologist at the Denver University Hospital Seniors Clinic, St. Anthony Senior Center, and the Colorado Neurological Institute. She also has a private practice in Denver and Boulder. She assesses changes associated with medical illnesses or dementia and mental capacity for guardianship and conservatorship cases. She is co-author of *Mental Capacity: Medical and Legal Aspects of Assessment and Treatment*, and of *Changes in Decision-Making Capacity in Older Adults*.

Brandon Fields is an elder law attorney in private practice in Boulder County. His practice is focused on the legal needs of seniors, the disabled and their families. Brandon received his BA from Brandeis University and his law degree from George Washington University in 1981. He contributed greatly towards establishing Boulder County Senior Law Day and has been a very popular past speaker.

Alzheimer's Disease: Pursuing A Cure At CU Anschutz

Presenter: Timothy Boyd, PhD, *Rocky Mountain Alzheimer's Disease Center, Faculty Research Associate*

Time: 10:00-10:45

Location: North Fairview

Description: The Rocky Mountain Alzheimer's Disease Center at the University of Colorado Anschutz Medical Campus provides leading-edge care today, while pursuing cures for tomorrow. Timothy Boyd, PhD, will discuss several exciting research projects underway at the Center to identify novel therapies for Alzheimer's disease. This research aims to find ways to stop disease progression, to reverse damage caused by Alzheimer's disease, and to prevent the disease altogether.

Dr. Timothy Boyd is the Chief Pre-Clinical Researcher for the Rocky Mountain Alzheimer's Disease Center at the University of Colorado Anschutz Medical Campus. Working closely with the Center's director, Dr. Huntington Potter, Dr. Boyd is lead investigator on a number of major research initiatives designed to find more effective treatments for Alzheimer's disease, as well as increasing understanding of the disease's underlying causes.

SESSION 3 — 12:00-12:45

Senior Living: Evaluating Care, Costs & Comforts Of Your Residential Options

Presenter: Sandi McCann, *HomeCare of the Rockies, Inc., President & CEO*

Time: 12:00-12:45

Location: Shoshoni-Apache

Description: When it's time to help yourself or a family member adapt a home, find a new living community to support changing needs, make a desired life-style change, or cope better with a serious medical condition, finding the right place to live can be stressful, challenging and confusing. There are many senior living options. Where do you begin? In this session, you'll learn about different senior housing choices — including staying at home — so you can make the choice that's right for you.

Sandi McCann is the owner and President of the Longmont-based HomeCare of the Rockies, Inc., which provides professional, in-home caregivers to families along the northern Front Range. She is an expert in caregiver self-care and a trusted resource for families navigating the senior-care process. Sandi is a Certified Senior Advisor with extensive knowledge in the health, financial and

social issues that impact seniors and their families. She is a senior Peer Counselor volunteer at the Longmont Senior Center and a facilitator for memory loss support groups within the Boulder County community.

The Basics Of Long-Term Care Medicaid: What Everyone Should Know

Presenter: John M. Estes, Esq., *The Kapsak Law Firm, LLC*

Time: 12:00-12:45

Location: Pawnee-Arapahoe

Description: This presentation will provide an overview of Medicaid for Long-Term Care in Colorado. It will cover the requirements for eligibility, services provided by Medicaid, and information everyone should know about the largest payor of long-term care in the United States. It will also cover common pitfalls in Medicaid planning, planning for Medicaid for loved ones, and will briefly touch on emergency Medicaid planning.

John Estes is an attorney at The Kapsak Law Firm, LLC, Longmont. His practice focuses on Estate Planning, Estate Administration, Guardianships and Conservatorships, and Medicaid Planning. John is a graduate of CU law school, has interned with Boulder County Legal Services, and worked for the Colorado Department of Health Care Policy and Financing before accepting his current position. In his free time, John serves on the Board of Directors for El Comité, a Longmont non-profit and enjoys the outdoors with his wife and their two dogs.

Protecting Yourself From Fraud, Identity Theft, And Cyber Crime Predators

Presenter: Hazel Heckers, *Colorado Bureau of Investigation, Victim Advocate*

Time: 12:00-12:45

Location: Front Range

Description: Identity thieves, cyber criminals and scam artists are looking for any opportunity to steal your money and your identity. This session will teach you how to recognize and avoid these cruel predators, and what to do to survive an attack.

Hazel Heckers coordinates the Victim Assistance Program for the Colorado Bureau of Investigation. Hazel has been a victim advocate for over 25 years, specializing in response to high profile crimes. She is considered a national expert on the crimes of Identity Theft, Fraud and Elder Abuse. Hazel is the 2014 recipient of the U.S. Department of Justice National Crime Victims Service Award.

Protecting Elders: Abuse, Neglect And Exploitation By Trusted Individuals

Presenter: Detective Stephen Desmond, *Detective & Master Police Officer, Longmont Police Department*

Time: 12:00-12:45

Location: South Fairview

Description: Unfortunately, abuse, neglect, and financial exploitation of seniors is often committed by family members, caregivers, and other trusted people in seniors' lives. Join Detective Desmond of the Longmont Police Department to learn more about warning signs of the various kinds of abuse and how to address such problems if they occur.

Detective Desmond has been in law enforcement for 23 years, beginning his career in Boulder County's jail. He transferred to the streets in the county for another three years before he was recruited by Longmont PD. Stephen worked on patrol and received numerous state awards for averaging over 100 DUI arrests each year. He became a detective in 2005 and specializes in Financial Crimes.

Wills And Estate Planning: The Basics

Presenter: Peter Rogers Esq., *Peter Rogers Family Law*

Time: 12:00-12:45

Location: North Fairview

Description: This important presentation will address these basic questions: Why do you need a will and how do you write one? What is probate and estate administration, and how do you avoid it? Will there be taxes due on my estate? What is a power of attorney and how do you use one?

Peter Rogers has been practicing law in Boulder County and along the Front Range since 1970. His practice emphasizes family law, including adoptions, dissolution of marriage, child custody, wills and estate planning. He is a member of the Family Law Section of the Boulder County Bar Association and the Colorado Bar Association.

SESSION 4 — 1:00-1:45

Community Resources For Boulder County Seniors: What Are Those?!?!?

Presenters: Karla Garcia-Velez, MSW, *City of Boulder Senior Resources, Resource Specialist*

Desiree Firle, MSW, *Boulder County Area Agency on Aging, Options Counselor Supervisor*

Time: 1:00-1:45

Location: Shoshoni-Apache

Description: Do you find yourself wondering where to find community resources? We will talk about the who, what, when, and where of local resources, and cover the most common resources, such as financial assistance, home care, respite, and caregiver resources. Come to this interactive workshop to learn where you can access these resources and get some answers to your resource questions!

Karla Garcia-Velez works as the Bilingual Senior Resource Specialist for the City of Boulder Department of Human Services. She provides information, referral and assistance for the older adult population in Boulder. Karla received her Master of Social Work from Indiana University Northwest.

Desiree Firle works with the Boulder County Area Agency on Aging, as the ADRC Coordinator, where she provides information, referral and program administration for the Aging and Disability Help Line. She has a Master of Social Work from the University of Denver.

Senior Living: Evaluating Care, Costs & Comforts Of Your Residential Options

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Fostering Positive Perceptions Of Aging: How We & Others See Us

Presenter: Paula Enrietto, PhD, *AffirmiCare, Chief Executive Officer*

Time: 1:00-1:45

Location: Front Range

Description: Ageism is a form of discrimination and prejudice experienced by seniors. Most seniors are mentally and physically active regardless of age, with a great deal to contribute. However, societal norms can marginalize seniors, treat them with disrespect, make them feel unwelcome and otherwise generalize as if they were all the same. We will explore how ageism plays out in society, from the humorous (think late night comedians) to the serious (elder abuse). Finally, we will discuss ways to combat this prejudice and foster positive perceptions of a very normal life stage.

Paula Enrietto is the CEO of AffirmiCare, a non-medical home care company based in Lafayette. Paula earned her PhD at the University of Colorado School of Medicine and began her career as an academic scientist. Her career took a different path when she became the caregiver for her aging parents and extended family. She realized the challenges of aging and decided to bring her skills to the senior healthcare industry, where she served as Executive Director at Balfour Senior Living. She was President of the Louisville Senior Foundation, site director for KUSA 9 HealthFair and currently volunteers for Centura Global Health Initiatives.

Be Prepared: Planning For The Expected And Unexpected

Presenters: Rick Romeo, Esq., *Vincent, Romeo & Rodriguez, Partner*

*Sandy Tovin, MSW, Vincent Romeo & Rodriguez,
Life Care Coordinator*

Time: 1:00-1:45

Location: South Fairview

Description: The co-presenters will cover: designating a financial and medical agent under Powers of Attorney; communicating your wishes to family and friends; evaluating your health insurance/life insurance; considering long-term care insurance; understanding the long-term care continuum; documenting your end-of-life wishes; understanding the various payment sources for long-term care and making a plan.

Rick Romeo is the managing partner at the elder and disability law firm of Vincent, Romeo and Rodriguez, Louisville. Rick received his bachelor's degree cum laude from Northwestern University in music and his law degree from Ohio State University in 1984. For over 25 years, he has focused exclusively on elder and disability law. In 2015 and 2016, he was named one of Colorado's best Elder Law attorneys by 5280 Magazine.

Sandy Tobin started visiting older adults in local nursing homes after high school. She worked as a CNA in skilled nursing facilities until earning her Masters in Social Work from DU in 1991. Since then, Sandy has worked both as a social worker and a director of memory care facilities, and at the Alzheimer's Association doing community outreach and education. She returned to direct practice as a care manager and has been the Life Care Coordinator at the elder and disability law firm of Vincent, Romeo & Rodriguez for the past nine years.

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Time: 1:00-1:45

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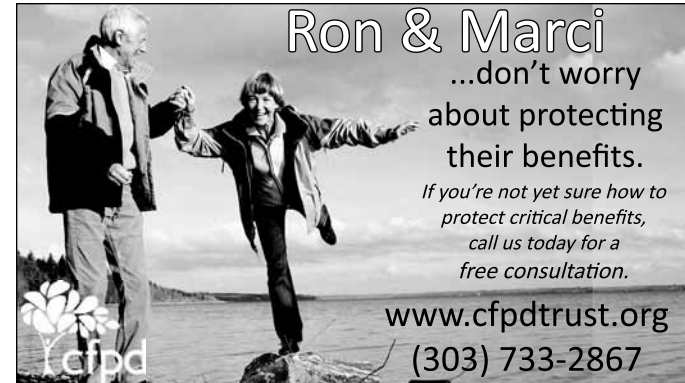
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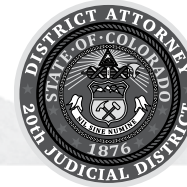
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